

How to Have a Doctor's Visit from Home (or Wherever You Are!)

SIMPLE AS 1 - 2 - 3



Speak with a medical provider from anywhere within minutes.

STEP 1: Visit your MeMD website:
www.memd.me/group/holidayretirement

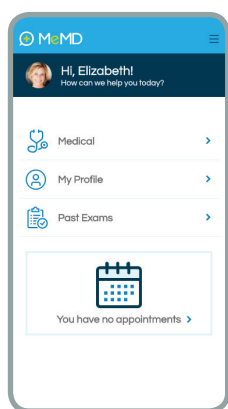
OR download the app (memd.me/app)
& use plan code: **FNR49L6X**

STEP 2: Create an account.

STEP 3: Request a video or phone visit.

It's easy to request a visit!

login to account request visit complete intake enter waiting room meet with provider



MEDICAL



REASON FOR VISIT



WE'LL CALL YOU



Wondering what concerns we can treat?

- Allergies
- Asthma
- Bites & Stings
- Cough
- Diarrhea
- Fever
- Flu
- Headaches
- Nausea
- Pink Eye
- Prescription Refills
- STIs
- Sinus Issues
- Skin Infections
- Sore Throat
- UTIs
- and More!

"Quick, easy, pleasant and less expensive than a trip to my local physician. I definitely will use MeMD again."

- Tina M, Patient

